

Early Childhood Center

4500 Little Blue Parkway Independence, MO 64057 (816) 229-1029

Sat

Lunch Menu for October 2019

*All menu items are subject to change.

*All meals will be served with milk and a fruit and/or vege-

| Sun | | Mon | | Tues | Wed | Thurs | | Fri | | Sat |
|-----|----|---|----|--|--|---|----------|-------------------------------------|----------|-----|
| | 29 | Franks & Beans Corn Pears | 30 | 1 Ham, Cheese, & Crackers Green Beans Peaches | 2 Veggie, Egg & Cheese Casserole Biscuit Mandarin Oranges | PB&J Carrots Applesauce | 3 | Hot Dogs Fruit Cup Chips | 4 | 5 |
| | 6 | PB&J Carrots Applesauce | 7 | 8 Elbow Macaroni & Meat sauce Corn Mandarin Oranges | Burrito Mixed Veggies | Chicken Nugge Mac & Cheese Applesauce | 10 ts | Hot Dogs Carrots & Rand Chips | 11 ch | 12 |
| | 13 | Grilled Cheese Green Beans Applesauce | 14 | 15 Ham, Cheese, & Crackers Green Beans Peaches | 16 Veggie, Egg & Cheese Casserole Biscuit Mandarin Oranges | PB&J Carrots Applesauce | 17 | Hot Dogs Fruit Cup Chips | 18 | 19 |
| | 20 | PB&J Carrots Applesauce | 21 | 22 Elbow Macaroni & Meat sauce Corn Mandarin Oranges | Burrito Mixed Veggies | Chicken Nugge Mac & Cheese Applesauce | 24 ts | Hot Dogs Carrots & Rand Chips | 25 ch | 26 |
| | 27 | Grilled Cheese Green Beans Applesauce | 28 | 29 Ham, Cheese, & Crackers Green Beans Peaches | 30 Veggie, Egg & Cheese Casserole Biscuit Mandarin Oranges | PB&J Carrots Applesauce | 31 | Hot Dogs Fruit Cup Chips | 1 | 2 |